

The British Society of Dowsers Training Programme

Introduction to Dowsing for Beginners

Tutored by BSD registered tutor, in 1 day format or six hours tuition

Aim

- To introduce dowsing to beginners

Objectives: At the end of the course, students will be able to:

- Demonstrate an understanding of the nature of dowsing, including its history and uses
- Define and demonstrate the use of basic dowsing tools in the application of gaining information and locating dowsing targets
- Define and demonstrate an understanding of an ethical and professional approach to dowsing
- Define and demonstrate the need for psychic protection and ethics as they apply to dowsing
- Use some dowsing tools to a basic standard

Introduction to dowsing

- Definition and description of dowsing
- History and philosophy of dowsing
- Uses and practical applications at work and at home

Introduction to the tools

- Description and demonstration of pendulum, L-rods, Y-rod and wand / bobber

Dowsing in action – tangible targets

- Practical and engaging coaching and exercises using various tools
- Verifiable information gathering
- Locating missing or concealed objects, utilities and other site dowsing targets

Dowsing in action – intangible targets

- Introduction to dowsing for health and subtle energies, with discussion and practical exercises

Dowsing concerns and considerations

- Ethical considerations when dowsing, including respecting personal and community boundaries and areas of privacy and confidentiality
- Psychic protection

Dowsing resources

- Information about BSD, its training programme, special interest and local affiliated groups